

# September

## VPK-5th Breakfast & Lunch Menu

### September 3<sup>rd</sup> – 7<sup>th</sup>

No school	Cinnamon roll or Eggs & Bacon	Oatmeal or Biscuits & Gravy	Cinnamon roll or Eggs & Bacon	Cheese grits or Oatmeal
	Beef stroganoff & Peas w/fresh fruit	½ Day Corn dogs & chips	Teriyaki chicken & white rice w/fresh fruit	Spaghetti & Meatballs, side salad w/fresh fruit

### September 10<sup>th</sup> – 14<sup>th</sup>

Oatmeal or Biscuits & Gravy	Cinnamon roll or Eggs & Bacon	Oatmeal or Biscuits & Gravy	Cinnamon roll or Eggs & Bacon	Cheese grits or Oatmeal
Chili mac, green beans w/fresh fruit	Chicken & rice w/fresh fruit	Meatball subs and green beans w/fresh fruit	Chicken Alfredo & side salad w/fresh fruit	Pizza & chips w/fresh fruit

### September 17<sup>th</sup> – 21<sup>st</sup>

Oatmeal or Biscuits & Gravy	Cinnamon roll or Eggs & Bacon	Oatmeal or Biscuits & Gravy	Cinnamon roll or Eggs & Bacon	Cheese grits or Oatmeal
Baked ziti, side salad w/fresh fruit	BBQ pork & corn w/fresh fruit	½ Day Hot dogs & chips	Chicken noodle bake w/fresh fruit	Loaded baked potato w/fresh fruit

### September 24<sup>th</sup> – 28<sup>th</sup>

Oatmeal or Biscuits & Gravy	Cinnamon roll or Eggs & Bacon	Oatmeal or Biscuits & Gravy	Cinnamon roll or Eggs & Bacon	Cheese grits or Oatmeal
Chicken nuggets, green beans w/fresh fruit	Meatloaf & Green beans w/fresh fruit	Ravioli side & salad w/fresh fruit	Shepherd's Pie w/fresh fruit	Hamburgers & Chips w/fresh fruit